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## SESSION I: GOAL SETTING: TAKING STOCK

## ACTIVITY #1: WHERE ARE YOU?

### *Opening Discussion:*

At this point, students may be at very different stages in the college selection process. Using the following questions, generate a discussion about what steps they have taken so far in the college search. The purpose of the opening discussion is not only to discuss the following questions but also to have the students learn more about one another as they share their ideas. This discussion in many ways is an ice breaker.

- Why are you here? Ask students to make appropriate introductions depending upon setting and composition of group. Try to direct the students to talk about their goals for the session and goals for college attendance.
- What have you done if anything to prepare for college? This could be as sophisticated as doing a college search or as simple as taking college preparatory courses in high school, or talking to a next door neighbor.
- Have you visited a college? If so, what was the experience like?
- Have you taken the PSAT/PLAN and/or SAT/ACT? Discuss.
- Have you started the college search process? If so, what have you done?

